

**“The Life of Martha”
Luke 10:38-42**

In Luke 10, Jesus came to the city of _____ and stopped at the home of 2 sisters named Martha and _____. Martha found out that, when you try to _____ for the Lord without spending _____ with the Lord, you get stressed out. Luke 10 reveals 3 lessons about how to handle the problem of _____.

1. The _____ of Stress.

- A. Frustration with Your _____. Martha felt like she was serving the Lord all by _____.
- B. Anger at the _____. She said, “Lord, don’t you _____?”
- C. Jealousy toward _____.

2. The _____ of Stress.

- A. We Try to ____ Too Much.
- B. We Worry About What People _____.
- C. We _____ Our Relationship with the Lord. Martha was in a situation where she could not hear the _____ of Jesus.
- D. We Experience A Major _____ in Life.

3. The _____ for Stress.

- A. Take Time to _____. Mark 6:31
- B. _____ with the Lord. 1 Peter 5:7
- C. _____ to the Lord. Matthew 11:28, Isaiah 40:31

Lord Think Circumstances Relax Work Others Do
Bethany Change Care Symptoms Listen Words Mary
Time Stress Neglect Talk Sources Herself Solution

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