

## **“How to Handle Worry”**

### **Isaiah 40:25-31**

Of all the toxic emotions, perhaps the common among mothers is \_\_\_\_\_. Concern turns into worry when we think we have to handle our problems \_\_\_\_\_. Fortunately, Isaiah 40 tells us how to \_\_\_\_\_ worry.

#### **1. The \_\_\_\_\_ That Conquers Worry. 40:25-26**

Before Isaiah mentions the topic of worry, he explains why we have no \_\_\_\_\_ to worry. The reason is that our God is all-\_\_\_\_\_. The one who put the \_\_\_\_\_ in place can surely handle your \_\_\_\_\_ problems.

#### **2. The \_\_\_\_\_ that Causes Worry. 40:27**

A. We Think God Does Not \_\_\_\_\_ About Us. The truth is, God knows you \_\_\_\_\_ than you know \_\_\_\_\_.

B. We Think God Does Not \_\_\_\_\_ About Us. Human love is \_\_\_\_\_, but God’s love never \_\_\_\_\_.

#### **3. The \_\_\_\_\_ that Cures Worry. 40:28-31**

A. God Promises \_\_\_\_\_. 40:28

B. God Promises \_\_\_\_\_. 40:29-31

C. God Promises \_\_\_\_\_. 40:31 He gives you vision to \_\_\_\_\_ that your problems are not insurmountable and they are not \_\_\_\_\_.

---

Handle    Promise    Yourself    See    Fickle    Power    Know  
Strength    Worry    Problem    Little    Vision    Reason    Changes  
Powerful    Permanent    Alone    Care    Stars    Wisdom    Better